



# the Sugar Mill Spa

## Body

60 Minute Scrub & Wrap

Soothing Lavender \$110

Rosemary & Sea Salt \$120

Mandarin Orange Walnut Polish \$130

Papaya & Pineapple Bamboo Polish \$140

Arnica Muscle Treatment \$150

## Beauty

60 Minute Facial

Calming Noni Fruit \$120

Detoxifying Chai Soy \$140

Nourishing Green Tea & Seaweed \$160

Pumpkin Spice Superfood \$180

Gentle Peel for Fine Lines or Acne \$200

## Balance

Customized Muscle and Energy Therapy

Relaxing Swedish Massage 60 mins \$100 / 90 mins \$140

Signature Sugar Mill Massage 60 mins \$120 / 90 mins \$170

Therapeutic Deep Tissue Massage 60 mins \$140 / 90 mins \$200

Hot Stone Massage 60 mins \$140 / 90 mins \$200

Energy Balancing Reiki 30 mins \$60 / 60 mins \$110

Cranio Sacral Therapy 30 mins \$60 / 60 mins \$110

# Bliss

## Half Day Sugar Mill Specialty

### **Soothing Seas**

Soothing Lavender Body Scrub, Swedish Massage & Calming Noni Fruit Facial  
\$300

### **Caribbean Dream**

Rosemary Sea Salt Scrub, Sugar Mill Massage & Detoxifying Chai Soy Facial  
\$340

### **Tropical Indulgence**

Mandarin Walnut Polish, Deep Tissue Massage & Green Tea Seaweed Facial  
\$390

### **Island Escape**

Papaya Pineapple Bamboo Polish, Hot Stone Massage & Pumpkin Spice Facial  
\$420

# Breathe

## Yoga

Guided breathwork and asana combine for strength, flexibility, clarity and harmony

### Open Level

Private 60 Minute Session \$80

Contact us for information on group classes.

For your convenience, a 20% gratuity will be added to your spa services.  
Please provide 24 hours notice to avoid charges for cancelled appointments.

# Be in Touch

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